

In a humorous video interview talking about Reel Steel, with NBC Washington, the actor was quizzed about both his strict diet for The Wolverine and what he thinks about X-Men: First Class. To view that video, be sure to follow the link at the bottom of the page, but here is my transcript of that interview. You're a little bit leaner than the last time I saw you when you were training for The Wolverine. You don't want to know why. Let's just say it's something to do with a bug. It was not a very pretty ride home! Are you going to bulk back up again? I'm staying in the ballpark. I'm not sure if I can eat 29 chicken breasts a day without a director attached, but I'm staying in the ballpark. I interviewed Chris Hemsworth yesterday for Thor, and I said did you do the Hugh Jackman diet, and he knew exactly

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